

Woman's Page

How to Fight the High Cost of Living

Kimono and Sacques Never Intended For Wear Outside of Bedroom or Dressing Room—Hot Weather Comfort—Stenciled Rugs—Post Card Pillow—About Gray Hair—For Thin Eyelashes—Kitchen Keynotes.

KIMONOS AND SACQUES.

Kimono and sacques were never intended to be worn except in the privacy of one's bedroom, and it certainly is derogatory to the looks of a neighborhood when the occupants get into the habit of appearing in loose garb on porches and out of windows. One-piece frocks are every bit as cool as dressing sacques if you get the right kind and they are the blessing of the woman who does her own work and yet wants to look neat enough to go to the door or sit down at her own table.

Adapt an easy collar for hot weather, one which will rest the head, be cool and yet be easily put in order after lying down or getting blown about during a trolley ride.

HOT WEATHER COMFORT.

The least possible exertion with the greatest possible comfort is an excellent rule to follow in hot weather, and I do not think that in this busy world where things have to be done, I need warn my readers against being indolent.

The women who have no duties at all suffer more from the heat than those who have a certain amount of mental and physical occupation, however irksome it may seem. We need a certain activity to keep our muscles and other organs in good working order and this fact remains even in hot weather. Of course, that exercise should, if possible, be taken in the cool part of the day, but as I have just remarked, there are generally women who are busy performing the number of molluscs tied to veranda chairs is comparatively small.

The hair should be shampooed rather more frequently in summer to keep the scalp free from the accumulation of perspiration and dust, but do not neglect the daily brushing and tonic once or twice a week, even though it seemed to make the hair oily. Hot weather is trying on the hair and it must be stimulated to keep the scalp in good condition. The hair should not be washed oftener than every two weeks even in summer.

The pores of the skin are more open in hot weather so daily baths are essential to carry off the accumulation of perspiration and also to freshen one up a bit. The comfort of a tub is so obvious that it seems scarcely necessary for me to urge you into it every day.

STENCILED RUGS.

Rugs which are especially nice for summer use can be made by stenciling short strips of matting.

Any kind of plain matting can be used for these rugs and after it is cut the desired length, the warp threads can be tied securely thus preventing any fraying.

Either dyes or artists' oil paints can be used, and the color should be scrubbed into the material so that it will soak into the fabric and be lasting. The color for this work should be rather thin.

These rugs if decorated with an animal or Mother Goose pattern would make most attractive rugs for the nursery, a small child's bedroom or playroom.

POST CARD PILLOW.

The leather post cards can be fashioned into a pillow by lacing them with narrow strips of leather, overhanding them together with narrow thread or by feather stitching together with brown silk.

When lacing the cards together lace them all in one direction, which should be the short ends of the cards.

then lace in the opposite direction, but do not go into the corners twice. When lacing the long ends of the cards together draw the laces through the cross stitch at the corner, or carry it underneath and begin to lace again after the corner is passed. Long brown shoe strings are often substituted for the leather strips, as they are more pliable and on account of the metal ends, much more readily handled, while the effect is very good indeed.

When an over and over stitch is used the stitches are taken loosely so that they can be pressed flat, showing a narrow brown line of thread. The feather stitching is more difficult, as the cards must be held so that the edges come together, but the actual stitching is not hard, as the post card leather is usually thin and quite easily handled.

ABOUT GRAY HAIR.

Gray or white hair should be clipped, not singed, on the ends, the hair from the taper in apt to give a yellow cast. To make white hair a clearer white use bluing in the rinse water—the bluing is best.

FOR THIN EYELASHES.

When the eyelashes are thin and weak a simple treatment for strengthening them is to moisten one of the fingers with lanoline, close the eyes and run the greased finger along the edges of the eyelids, taking care that the grease does not get into the eyes themselves. Weak eyebrows may also be treated with lanoline, which should be rubbed gently into them.

KITCHEN KEYNOTES.

Never throw away pieces of lemon after they have been squeezed with the lemon squeezer, for they come in handy for removing stains from the hands and elsewhere. Dipped into salt they scour copper and brass nicely and remove stains from brasswork. Lemon like this will take stains, dirt and odor from pans and kettles as nothing else will. The odors of fish and onions can thus be easily removed.

To wax old floors that were never polished, the following method is good. The floors should first be washed thoroughly, and then, when dry, coated with some floor oil, such as linseed oil. This should be at once rubbed with sawdust, which removes all surplus oil and polishes the floor. After this any wax may be used according to its directions, and then, after a weighted brush is used, the old floors will be as smooth as new oaken ones.

It is very undesirable that anyone should go to bed with cold feet in any kind of weather, because sleeplessness is generally the result. Women suffer with cold feet even more than men, probably because they wear lighter boots. They may come in from a walk, warm their feet before the fire, and have a hot-water bottle in bed, and still have icy-cold feet. In such circumstances, before going to bed the feet should be dipped into cold water and then rubbed with a rough Turkish towel until they glow. Cold water with a liberal amount of salt added is an excellent daily footbath for the person whose feet perspire too freely.

"BERKELEY DAY,"
Sunday, July 13th. Take a free car ride to BERKELEY. See page 7.

MASKED MAN KILLS ONE MANCHUS AT PEKING STILL

Lone Robber in Attempting to Holdup Colorado Resort Shoots Down Night Watchman and Makes His Escape

Colorado Springs, Colo., July 12.—A masked man attempted to hold up the night clerk at the Cliff House, a fashionable summer resort at Manitou, twelve miles west of here, early today, shot and killed Night Watchman C. Whitehead, and escaped to the hills. A posse was sent in pursuit but up to 9 o'clock this morning had found no trace of the man. Several suspects were taken into custody in the early morning hours, but none have been identified as the holdup.

Walking past a number of guests on the porch and in the other lobby, the bandit, shortly before 1 o'clock this morning, covered Night Clerk C. Cannon and Night Watchman Whitehead with a revolver and ordered them behind the counter. Whitehead made an attempt to escape through a cloak room door, but a bullet from the bandit's gun dropped him dead.

The shot roused the late guests and without attempting to secure any of the valuables, the bandit rushed through an outer door, jumped a high porch railing and disappeared in the darkness.

DECLARES WAR IMPOSSIBILITY

Portland, Ore., July 11.—War between the United States and Japan was declared an impossibility, and in both countries was deplored, hope for a more perfect understanding between the people of the two nations was expressed, the California land bill was pronounced unconstitutional and a triple alliance comprising this country, Great Britain and Japan was suggested at the banquet given tonight at the Portland hotel by Morizo Ida, Japanese consul. The banquet was in honor of Dr. Juichi Soyeda and Tadao Kimiya, representing the Tokio chamber of commerce, and the other chambers of the Japanese empire on a mission of good will to the chambers of commerce and the people of the United States.

POLICE JUDGE HAS CHALK LINE

Washington, July 12.—Judge Pugh of the police court has laid down an inflexible rule for the determination of whether a culprit brought before him is drunk or not. The medium through which justice will exercise its impartial power is one long, straight chalkline. If the culprit cannot walk along it without showing wobbly tendencies, he's intoxicated, and if he attempts to walk along it he is drunk or not. Judge Pugh said he would not try to be a saint, but he would try to be a judge.

This interesting solution of a subject that for many years has worried both jurists and the medical profession was received today with deep satisfaction by the members of both professions. Judge Pugh handed down his dictum in the case of Emory Wilson, charged with having been drunk on the street in violation of the new excise law. Wilson not being either a jurist or a physician, didn't seem at all to be a saint.

"Henceforth and forever," he said with decision, "chalk lines and I will know each other no more."

STEFANSSON TO LEAVE TODAY

Nome, Alaska, July 12.—Vilhjalmur Stefansson expects to leave Nome on the polar exploration ship Kaituma tomorrow, going as far as Port Clarence, the best harbor on Seward peninsula, where the engines will be given a thorough overhauling and in inspection before the vessel sails through Bering strait for her three year stay in the Arctic. One hundred tons of the best coal available is being loaded on the deck of the old whaler and when this is taken aboard she will be ready to leave.

Thirty dogs for Stefansson's party were brought today by Scotty Allan, the Alaska dog expert, and racing driver. The dogs are the best in the Nome district and include thirteen valuable males. A 55-horsepower launch was also bought today for the Karluk and a five-horsepower launch was bought for the auxiliary boat Alaskan, which will carry the southern party under Dr. R. M. Anderson, to Victoria.

Stefansson is meeting many old friends of the Arctic here. During the day he visited with Ernest Leffingwell, the Chicago explorer, who is outfitting an expedition to go into the Arctic; Captain Louis Lane of the power schooner Polar Bear, which has a party of eastern scientists aboard; Captain Frank Kleinschmidt of the schooner P. J. Abler, which also is on a scientific cruise, and Captain Corwin, well known among Arctic mariners. Mr. Stefansson was the guest at luncheon today of Captain Ballinger on the revenue cutter Bear, which is anchored in the roadstead here.

BEGAN WORK WITH RELIGIOUS SERVICE

Chicago, July 12.—Samuel A. Kean, for years a banker and bond dealer in La Salle street, known for his practice of holding a brief religious service in his bank at the opening of each business day, died yesterday at his home in Evanston, a suburb.

His firm was prominent in the city's business life 20 years ago. Each morning up to the time of his retirement from banking Mr. Kean's first act upon entering his bank was to summon all employees to his private office. He announced the number of a hymn, led the singing, made an introductory talk and had employees take turns in reading the day's lessons. Then he interpreted it for them.

Court of Old Rulers of Chinese Empire Continue Residence at Capital—New Republic Is Rapidly Forging to the Front

Peking, July 12.—Contrary to declarations made at the time the throne abdicated in favor of the republic, sixteen months ago, the court of the Manchus, rulers of the Chinese empire still remains at Peking.

The terms of the final agreement with the representatives of the new republican government provided that the Manchus nobles, including all the members of the reigning family, should retain their hereditary titles and be liberally pensioned, and that the young emperor, after his abdication, should be accorded in China the honors given a visiting foreign sovereign. These stipulations have been carried out. At the same time it was declared the court would eventually move away from the Forbidden City, but no steps in this direction yet have been taken. There has not even been an exodus to the summer palace or to the ancient palaces at Jehol, which were mentioned at the time of abdication as places of possible retirement. Some Manchus princes and officials have deserted their residences in Peking and moved away, generally to the foreign settlements at Tientsin, or to Manchuria, where they can obtain Japanese or Russian protection if occasion arises. But the ex-prince regent and his family, together with the Manchus princes and officials, have remained in Peking and are still in the palaces occupied by the reigning family for 265 years, and imperial guards still forbid entrance to their palace compounds.

The Manchus troops continue in arms and obey the instructions of the resident Yuen Shih-kai in all matters that do not affect the safety of the court. Should there be a conflict of authority between the President and the court it is believed they would stand by the Manchus; but the interests of the Republican president and those of the Manchus are not conflicted. Indeed, it is believed in the legation quarter that they are closely allied. It is thought among foreign observers that the court depends on Yuen Shih-kai for a regular payment of its pension from the republic, and, on the other hand, that Yuen may be supported at any moment to re-establish the dynasty and proclaim himself regent in order to give his orders the weight of imperial authority. At present with a hostile parliament, presidential orders which are essential to the maintenance of the government, are the subject of action of any organized body of lawmakers.

A question interesting to old observers who knew China under the dynasty is whether the empress dowager who recently died, will be the last empress of China. The republic succeeds there will probably be no other.

Two striking changes have taken place in the appearance of Peking as a result of the revolution. One is considered a disfigurement; the other an improvement, and a great advantage. The disfigurement is the disappearance of the Manchus car, which an American lady of literary gifts once characterized as "Portia's Casket on Wheels." The brilliantly colored Sedan chair, borne high on the shoulders of four or eight coolies, disappeared to a large extent after the Boxer risings of 1900, and has since been used only at funerals and weddings, and by a few ultra-smart foreign legation ladies, who adopted the old when the Chinese began adopting the new.

Now the Peking cart is being rapidly displaced by the European carriage. Only the poorer classes are still riding in these little blue covered springless carts with huge brass-studded wheels. Along with the adoption of the brougham the Chinese outsiders of this new official vehicle are adopting European saddles for their ponies in place of the gay caparisons in use under the dynasty; and instead of flowing dresses of white or light blue, with red streamers to their hats, the sombre garb of the west is being affected by these outsiders in imitation of their republican masters.

On the other hand the Peking of

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the people has been made much more beautiful by the opening up of several roadways through the Forbidden City, and also by the breaking of several new gates in the wall of the Imperial City. As is known to all Americans who have visited Peking, the city is a place of walls within walls. The Forbidden City, where the court resides, is within the Imperial City, which in turn is within the Tartar City, surrounded by the great Peking wall. Again the legation quarter, the Southern City, and the winter palace, where the great empress dowager lived, and which Yuen Shih-kai, the president, now occupies, are enclosed within their own piles of masonry. Under the Manchus regime the entire extent of the Forbidden City and that of the winter palace were guarded by imperial troops, who refused passage to all but privileged officials and foreign diplomats when they were honored with audience at court. As these extensive palace enclosures lay directly across the center of Peking, traffic was badly impeded and had to make long detours round them.

But now two main gates have been cut in the walls of the Imperial City, and the great wide park in front of the Forbidden City, together with the roadway behind it, which runs alongside the moat, covered with water lilies at this summer season, have been opened to traffic. The camel driver, the rickshaw coolie, and the foreign tourist may now pass through these hitherto reserved places, getting nearer to the great dragon poles of marble and the massive stone lions that stand beside the front gate of the palace; and anyone may cross the famous marble bridge over the lake in the winter palace, and get a close view of the empress dowager's pagoda and the wonderful cluster of yellow-roofed palace structures.

WOODMEN OF THE WORLD

Meet at the Hall Sunday, July 13th, at 1:30 p. m., to attend the funeral of Neighbor John M. Sherman. Street cars leave the Hall at 1:45 p. m., for the meeting house. Degree Team in uniform; band in attendance.

C. E. Ganske, C. E.

ASSAULTING FOREIGNERS

Americans and English Are Shot Down By Mexican Rebels Without Provocation—Huerta Has Confidence in His New Cabinet

Mexico City, July 12.—With the gradual spreading of revolutionary activity to parts of the Republic hitherto more or less unaffected, tales of atrocities and indignities to foreigners filter into the capital increasing number. Early in July these had become so common, by reason of their frequency, that whereas a year ago they would have caused great indignation and possibly prompt representation by foreign governments, it is doubtful if they receive now more than inclusion in a possible general claim for damages, in due time upon the Mexican Government.

An experience related by passengers on a train proceeding northward from Torreon appears to place a certain contingent of the northern rebels in a class with the followers of Zapata of the south on the score of barbarous treatment of their victims. The train was stopped near Bermejillo by a burned bridge. A band of intoxicated rebels or bandits swooped down upon the passengers, robbed them of everything, including clothing, not sparing even the women victims of whom there were a half dozen. Americans and English. An American man, detected trying to hide a revolver, was taken out and shot. He fell heavily wounded. An Englishman, of whom was demanded a diamond ring he wore, and which he had difficulty in removing, was assisted by means of a knife. The finger was chopped away so that the ring could be secured. The passengers were allowed to go, and walked miles into Torreon in despair.

Another experience growing out of an effort to escape a worse fate, was that of a group of Americans, refugees from a mining camp near Topolampam, Tlaxcala. There were three women in the party, which made its way to the coast town. To catch a coasting steamer due at an uncertain date, the refugees had to put out to an island, sun scorched and without a house or tree. Its only inhabitants were shark fishers and the stench of decaying shark flesh was next to unbearable. For two days the refugees endured great hardship and discomfort, then an American gunboat appeared. A boat was sent off, but the officer in charge had orders to take only employees of a certain mining company. Nine were accordingly taken aboard and the rest, including the three women, waited two days longer, when, almost in despair, they were picked up by the coasting steamer, described as a filthy affair, already overloaded, which landed them in Mazatlan.

President Huerta has great confidence in the ability of his new cabinet to aid him in his work of pacification, but he expects them to devote their attention to the work of their respective departments and not let their covetous eyes dwell upon his seat. This he made quite clear to them at the first formal gathering of the new administrators. To them Huerta said,

(UNB)

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after the usual felicitations, that he expected each minister to be supreme in his own post, so far as possible, and that they would experience little interference from him. But on the other hand, he warned them to "cul-de-sac con la pintura," a legend often seen on new edifices in Mexico, meaning "watch out for paint." To his puzzled ministers, who asked him to explain, the President said, patting the back of the chair he customarily occupies at his cabinet meetings: "I mean that this old chair suits me very well, and for the present you should not try to improve it. Pay attention strictly to the duties of your offices, and I shall manage to look after mine."

"Valerito," a Spanish bull fighter, recently put up an exhibition which will doubtless long impress him as "the fight of his life." There was no time and no trimmings, but the reward offered and won by "Valerito" made up to him for the lack of applause from the benches.

"Valerito," who was christened Manuel Valero, was overtaken on the road to Monterey while in charge of six fighting bulls intended for the ring there, by a group of Carrancas' soldiers. Taking advantage of the circumstances, the revolutionists promised the bull fighter his life and liberty if he could kill the six bulls single-handed.

A ring was constructed on the spot. "Valerito," armed with a cavalry saber and carrying a colored blanket for a "cape" or cape, an essential part of the bull fighter's equipment, proceeded to tire the animals down and dispatch them one after another. In spite of his heroic efforts his captors subjected him to the greatest indignity possible to kind, the amputation of his queue, before releasing him.

ASTOR GIVES THE POOR AN OUTING

New York, July 11.—Vincent Astor began today to spend some of his millions in helping the women and children of the tenement districts to an outing. At his expense a steamboat took 5,000 of the poor for a sail to Bath Beach today, under direction of the Children's Aid society, for a luncheon and frolic at the seashore. It is the first of a series of outings which Mr. Astor plans to extend throughout the summer.

LAWYERS TO DO JURY DUTY

New York, July 12.—A jury composed of lawyers, although lawyers are ordinarily exempt from jury duty, will be the novelty in the trial here next week of a suit for separation begun by Ida Gabel, a leading woman in East Side theaters, against Max Gabel, actor. Gabel has also entered a counter claim for divorce. Supreme Court.

Between Women's Health or Suffering

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